

6. Stress in the Workplace

6.1 The Organisation recognises and accepts its responsibility to alleviate any excessive pressure or demands placed on employees, which might cause them to suffer stress, which has a detrimental effect on their health. This does not include normal and reasonable pressures associated with a job, which an employee should be able to manage appropriately.

- 7. Date of Implementation**
This policy is effective from the effective date and shall not apply to any actions that occurred prior to this date.
- 8. Alteration of this policy**
This policy will be subject to change and updating as and when required after regular review

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